



## Product description

The Ardo Supplemental Nursing System (SNS) is a special aid for breastfeeding mothers that enables needs-based supplementary feeding of breast milk or complementary nutrition directly at the breast. It is primarily used when milk supply is not yet sufficient, when the baby's weight gain is inadequate, when breastfeeding needs to be re-established, or in special circumstances such as adoption, premature birth, or following medical intervention. Its purpose is to encourage the baby to suckle at the breast while at the same time stimulating milk production.

When supplementary feeding is required during breastfeeding, a variety of breastfeeding-friendly methods are available to help prevent nipple confusion from bottle use. Among these, the supplemental nursing system is the method most similar to natural breastfeeding, as the baby continues to actively feed at the breast. Once breastfeeding with the SNS is well established, the baby's suckling can also stimulate and support maternal milk production.

### The advantages of the supplemental nursing system at a glance:

- Enables needs-based, breastfeeding-friendly supplementary feeding with breast milk or complementary nutrition.
- Allows the baby to control intake by sucking directly at the breast and determining the amount of milk needed.
- Supports natural sucking behaviour and milk intake when used correctly.
- Helps overcome milk supply challenges - with guidance from a lactation consultant recommended.
- Promotes skin-to-skin contact and strengthens the mother-baby bond by maintaining the breastfeeding relationship.
- Can also be used by non-lactating parents or caregivers, supporting closeness and bonding with the baby.

## How the supplemental nursing system works

The flow rate and milk volume in the supplemental nursing system are regulated by gravity and negative pressure.

If the bottle is positioned higher than the end of the tube, the milk flows more quickly; if it is positioned lower, the flow slows down.

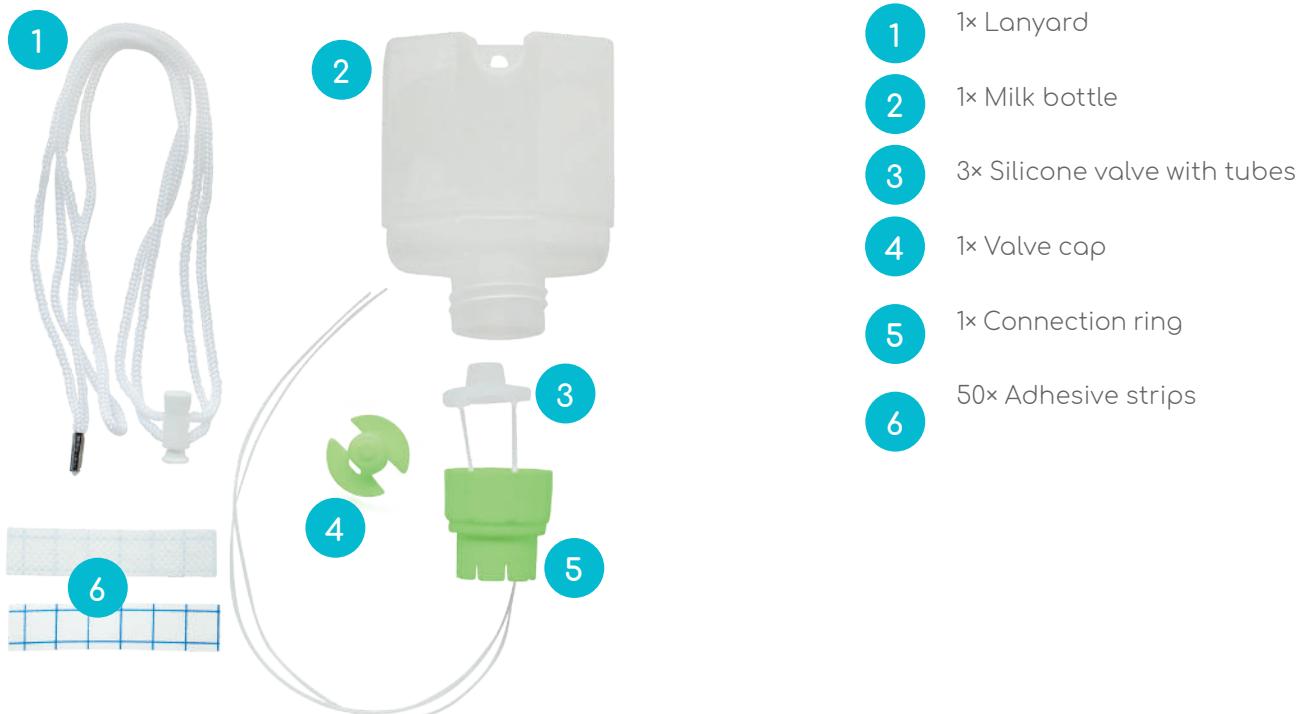
The second tube, which can be attached either to the breast (for feeding on both sides) or to the bottle (for feeding on one side), influences the vacuum inside the bottle. When this tube is clamped in the connection ring, the baby must suckle more actively, which allows the milk flow to be regulated and can also support the weaning process.

## Cleaning the supplemental nursing system

All materials in the supplemental nursing system comply with the requirements of Regulation (EC) No. 935/2004 for food-safe products. Thanks to the two additional silicone tubes in the set, mothers can easily use a fresh, completely dry tube for each feeding. This not only facilitates hygienic use, but also saves time in everyday life and provides a comforting feeling of safety and cleanliness when feeding the baby.

The Ardo supplemental nursing system consists of just a few individual parts that can be cleaned quickly and easily with washing-up liquid and warm water. All materials are also suitable for disinfection in the microwave (e.g., with the Ardo Easy Clean) or boiling in a water bath. This makes the set easy to prepare - giving you more time with your baby and a good feeling every time you use it.

## The Ardo supplemental nursing system consists of the following individual parts:



The use of the Ardo supplemental nursing system supports breastfeeding in particularly challenging situations and enables gentle, needs-based feeding of the baby.