

Assembling the Pumpset



1) Clean components before use (excluding lid and tubing) and ensure all parts are **FULLY DRY** before assembly.
NB see important notes below about lip valve.



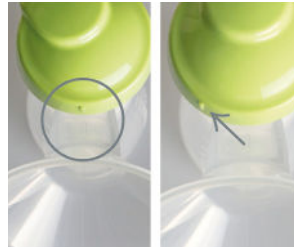
2) Take the breast shell and screw it onto the bottle.



3) Place the flexible membrane pot, smooth side out, in the top of the breast shell and press down firmly.



4) Press the green top on the breast shell and attach the tubing onto the back of the lid.



5) Line the central mark on the green top with the mark on the breast shell and gently turn the top to the right.

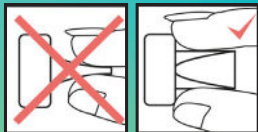


6) Single Pumping - attach one tube to the pump and ensure the other stopper is closed.

Double Pumping - attach two tubes to pump.

IMPORTANT INFORMATION

Lip Valve - Attach and remove this part carefully from the breast shell as indicated. **DO NOT** use a cleaning brush to clean this valve, just rinse before sterilising. If the valve is damaged, the breast pump will not work. Spare valve(s) are available to purchase on our website; www.ardomedical.co.uk



BPA free



WHO code compliant

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SWITZERLAND

HELP ME PLEASE!

Mummies, stop and read, it will make your expressing journey so much easier.



Bellis Breastpump

At Ardo, we understand what it is like to be a new mum and to feel overwhelmed by caring for a newborn baby while needing to express milk

This leaflet illustrates how to use the pump and assemble the pumpset.



View our range of expressing and information videos here



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Operating Instructions

Expressing with stimulation mode



Switch the unit on by pressing the on/off button . The breast pump will start pumping automatically in stimulation mode.

When positioning the breast shell light pressure is required for a good seal, firm pressure will inhibit your milk flow as the milk ducts are easily compressed.



Cycles and vacuum can be adjusted one level at a time, by repeatedly pressing + / - or by holding down the + / - button.



Stimulation mode - The pump automatically starts in stimulation mode. A rapid cycle (suction frequency) and low vacuum (suction level) start the breast milk flowing or trigger the let-down reflex.



Expressing mode - The pump automatically switches to expression mode after two minutes. Slower cycle (suction frequency) and high comfortable vacuum (suction level) for efficient expressing of breast milk once the let-down reflex has been triggered. If 'let down' does not occur go to 'repeat stimulation' stage.

Repeat stimulation



IMPORTANT If 'let down' has not been achieved and the milk is not flowing press the droplet button once and it will return to stimulation mode and will start the two-minute cycle again

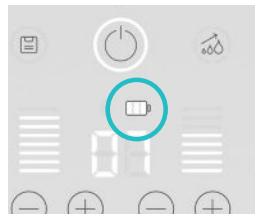


If your milk flow stops and you are double pumping turn the pump off, massage the breast and start again. If you are single pumping turn the pump off, switch to the other breast and start again.

Plug and Charge



Insert the USB power adaptor into the breastpump and connect it to the mains power



When charging, the indicator moves from left to right until the battery is fully charged and the three bars light up white. If the last bar of the battery symbol lights up red, the breastpump needs to be recharged soon.



Memory Plus



Once you find the settings that are most comfortable for you, and with which the milk flows best, you can save the session by pressing the Memory Plus button. This not only saves the whole pumping session history but also automatically reproduces it when starting the breast pump the next time.

When Ardo Bellis is switched on, it is possible at any time to save a new session (touching Memory button until it beeps), exit Memory Plus mode (changing vacuum or cycle)



You can delete the saved data at any time if you do not want to express with the memory function. By holding down the Memory Plus button once, the saved data is deleted and the button no longer lights up

Automatic Power Pumping



Press the button once to start the automatic power pumping mode.

The duration of the pumping phases and pauses is predefined; however you can adjust the vacuum and cycles settings at any time to your own personal needs.



Pumping Poem

To get the milk to start to flow set the cycles high and the vacuum low

Once the milk starts to flow set the vacuum higher and the cycles lower



Ultra-quiet and gentle



Individual Phases



Closed vacuum

If you need any further help please refer to the Bellis user manual, visit our website for videos and guides. or contact us for an online consultation.