

Correct cleaning procedure

LilyPadz® silicone breast pads

Experience has shown that people often clean their LilyPadz® with conventional liquid hand soap. However, as almost all liquid (hand) and cream soaps contain moisturising substances, they are not suitable for this cleaning process – even if they are pH-neutral. This is because, although moisturisers are good for your hands, it doesn't take long before they start to impair the adhesive properties of the LilyPadz®.

In order to ensure that the silicone breast pads do not lose their adhesion, LilyPadz® must be cleaned after every use **with hot water and a degreasing, pH-neutral washing-up liquid**, which must be fragrance-free or at least fragrance-neutral to prevent your baby from refusing to breastfeed. You may well already have a baby-friendly detergent for dummies and bottles that you can use for the breast pads too.

- Use a degreasing, fragrance-free and pH-neutral washing-up liquid every time you clean the breast pads.
- Rinse well and leave to air dry – do not wipe dry.
- From time to time, you can also sterilise your LilyPadz® by putting them in boiling water (max. one minute without the protective shells). However, doing this frequently is unnecessary and will reduce the useful life of the product.
- Do not put the breast pads in the dishwasher or microwave.

When properly looked after, LilyPadz® breast pads can be reused for several weeks.



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